

PSHCE Policy



Reviewed: January 2024
Next review: January 2026

The Christian Vision of Immanuel College

Immanuel means 'God with us'

Immanuel College, as a Christian school, fully recognises that 'Loving your neighbour as We believe that God is with us here at Immanuel College. This belief means that we support the personal, social, health and citizenship development of all students to encourage them to

- We encourage everyone – to think and talk about God
 - We encourage everyone – to treat others with equal respect
 - We encourage everyone – to fulfil their God-given potential
 - We encourage everyone – to take seriously Christ's life-style and teaching
 - We encourage everyone – to be open to God's spirit.
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Aims of Policy

At Immanuel College PSHE is known and taught as PSALM which is in recognition of our Christian vision and stands for Personal, Social and Life Matters.

PSHE education at Immanuel College aims:

- To give students the knowledge, self-esteem, confidence and self-awareness to make informed choices and decisions;
- To encourage and support the development of social skills and social awareness;
- To enable students to make sense of their own personal and social experiences;
- To promote responsible attitudes towards the maintenance of good physical and mental health, supported by a safe and healthy lifestyle;
- To enable effective interpersonal relationships and develop a caring attitude towards others;
- To encourage a caring attitude towards and responsibility for the environment;
- To help our students understand and manage their feelings;
- To understand how society works and the rights and responsibilities involved.

In school, students are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of the school and the wider community. In particular, the House system and the many activities arranged within the Houses support an inclusive, participatory ethos. PSHE further aims to enable students to:

- Value others and feel valued
- Respect others and be respected
- Be independent and interdependent
- Behave responsibly
- Have a concern for justice and uphold the rights of others
- Understand the consequences of their actions
- Treat others the way they would like to be treated.

Policy Statement

Learning and undertaking activities in PSHE (Personal, Social, Health and Citizenship Education) education contribute to achievement of the curriculum aims for all young people to become:

- Successful learners who enjoy learning

- Make progress and achieve confident individuals who are able to live safe, healthy and fulfilling lives
- Responsible citizens who make a positive contribution to society.

PSHE is a basic entitlement for all students. It is embedded within the ethos of the school and is reflected in the general aims/mission statement of the school 'All God's Children'. PSHE is about what it is to be a person. Fundamentally, this is concerned with the exploration of values and attitudes, with the development of skills, and with the acquisition of relevant knowledge and understanding. This should enable students to lead confident, healthy, responsible lives as individuals and contributing members of society.

Steered by the PSHE association's guidance, PSHE at Immanuel covers the 3 key themes:

- Sex and Relationship Education (see also 'RSE Policy')
- Health and Well Being
- Living in the wider World.

Through PSHE, we endeavour to foster the notions of responsibility and empowerment to promote a sense of achievement and to enhance self-confidence.

PSHE education is guided by the values of:

- Honesty;
- Kindness;
- Trust;
- Responsibility;
- Friendship;
- Self-control;
- Empathy;
- Respect;
- Tolerance.

Curriculum Organisation / Teaching and Learning

Every tutor group has one session for PSHE every week. In addition to this, PSHE is also taught within other subject areas. Furthermore, assemblies provide an opportunity to enhance students' spiritual, moral, social and cultural development, promoting our school's values and celebrating achievement.

During PSHE sessions, an emphasis is placed on active learning through planned discussions. All teachers will endeavour to provide a safe learning environment through the establishment of clear ground rules which are made explicit to the students and reinforced consistently.

Beyond timetabled PSHE lessons, students are supported in applying the skills they are learning, in real life situations as they arise: e.g. resolving conflicts; working as part of a group on a project. Students are encouraged to take part in a range of practical activities to promote active citizenship, e.g. charity fund-raising; the planning of special events at school; student council meetings; and by taking on roles of responsibility for themselves, for others and for the school.

Lessons will be well planned and resourced in advance, allowing for detailed, sensitive planning taking into account students that may find certain issues difficult. This timely approach will also give the opportunity for teachers, tutors and Heads of House to raise any sensitive issues regarding delivery of lessons.

At the start of lessons, learning objectives will be made clear and there will be frequent checks on understanding through review. Lessons will conclude with a plenary covering what has been learnt but also leaving students with a positive view of the subject matter.

The Vision

PSHE gives students opportunities to reflect on their experiences and understand how they are developing personally and socially, encompassing many of the spiritual, moral, social and cultural issues in their lives and that of others in society, thus allowing them to build meaningful relationships. It also promotes students' well-being and self-esteem enabling them to take responsibility for their learning and future life choices. PSHE is the joint responsibility of the individual, the family, the school and the wider community. Through our PSHE programme, individual students are encouraged to show respect for our common humanity, diversity and the differences between people.