

## IMMANUEL COLLEGE PSALM EDUCATION: LONG-TERM OVERVIEW — THEMATIC MODEL

	Autumn HT 1-2 <b>Relationships</b>	Spring HT 3-4 <b>Health &amp; wellbeing</b>	Summer HT5-6 <b>Living in the wider world</b>
<b>Year 7</b>	<p>Introduction to secondary school Family, Marriage + Civil Partnerships, Positive Friendships Love, Positive + Safe Relationships Consent County lines Bullying Online + Offline inc. Cyberbullying + Trolling Personal Identity + Diversity Introduction to Extremism + Radicalisation</p>	<p>Introduction to Healthy living (inc. Nutrition, Exercise + Rest, Healthy Eating) Introduction to Addiction, Drugs + Dangerous Substances Unit (inc. Smoking + Energy Drinks) Puberty, Periods + FGM introductions Mental Health, Depression + Anger Management</p>	<p>Aspiration + Self Esteem Being a Resilient Student Online Safety Introduction/ Introduction to Budgeting, Saving + Finance Racism and Stereotypes</p>
<b>Year 8</b>	<p>Safe Sex – Consent, Contraception, Pornography, Image Sharing, STIs + Sexual Health, Sexting + Body Image, Contraception Extremism + Radicalisation, Online Predators Tolerance + Anti-Racism lessons Domestic Conflict + Running Away from Home County lines</p>	<p>Breast ironing Wellbeing – Mindfulness, Confidence, Self-Awareness, Emotions + Emotional Literacy Personal Safety + First Aid, Cancer Awareness Vaping, Nicotine and Addiction Pregnancy + Parenting introduction Personal Development, Behaviour, Targets + Goals Medicinal and recreational drugs</p>	<p>Careers, Skills, Vocational Qualities, + Entrepreneurship, Gangs + Crime Finance, Budgeting, Tax + Saving Prejudice + Discrimination LGBT + Disability Internet Safety – Online Dangers + Predators Caring for the Environment</p>
<b>Year 9</b>	<p>Child Sexual Exploitation, Predators + Danger (CSE) Peer Pressure Unit: Bullying, Body Image + the Media – (includes Eating Disorders) Domestic Abuse and Conflict, Abusive Relationships Upskirting Extremism County lines Gangs Our Community and Diversity: Exploring the LGBT+ and other UK Communities</p>	<p>Alcohol Awareness, Risks + Dangers Drugs, Substance Abuse + the Law Mental Health – Stress, Anxiety + Mindset Vaccinations, Organ, Blood + Stem Cell Donation Self-Harm Awareness Behaviour, Achievement Education + Distractions Personal Safety – Acid Attacks</p>	<p>Employability + Workplace Skills Personal Finance – Avoiding Debt, Navigating Financial Institutions, Human Rights + Responsibilities Law, Knife Crime + Youth Offenders Self-discipline + Sustainability</p>

Year 10	<p>Same Sex and LGBT+ Relationships  Gender and Transgender Identity, Honour-based Violence Sexism and Gender Prejudice  Forced + Arranged Marriages, Radicalisation Online  Harassment + Stalking, Revenge Porn  Conflict Management, Parenting + Families  Coercive control</p>	<p>Self-examination  Mental Health inc. Social Anxiety, Grief + Bereavement, Social Media + Self-Esteem  Binge Drinking, Tattoos + Piercings Awareness  Managing time online, Screen Time Awareness  Managing our time effectively and Study Skills  Living Sustainably, Homelessness</p>	<p>Employability, Careers + Workplace Awareness  Rights, Responsibilities + Equality, Money Laundering  Fake News + Media Awareness, Racism, hate crimes  Gangs, Crime + County Lines  The Criminal Justice System  Prejudice and Discrimination</p>
Year 11	<p>Different Types of Relationships (inc. LGBT+), types of Committed Relationships, Unhealthy Relationships, Consent, Rape + Sexual Abuse  Bullying + Body Shaming, Sex, Waiting for Sex, Pleasure + Risk, Drugs, Alcohol + Sex</p>	<p><b>*Finish Health and wellbeing</b>  <b>Living in the wider world</b>  Internet Safety – The Dark Web + Cybercrime  Health + Safety, Trade Unions  Multiculturalism, Globalisation + Sustainability</p>	