

	Term 1	Term 2	Term 3
Key focus	Basketball, football, table tennis, netball, gymnastics	HRE, rugby, dance, basketball, football	Athletics, rounders, cricket, softball
Key focus	Leading a healthy and active lifestyle		
Key knowledge and skills	Students will learn and develop a variety of tactics and strategies to overcome opponents in team and individual games. Students will develop their technique and improve their performance in other competitive sports or other physical activities. Students will evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best.		
Key words/ vocabulary	Participation, recreation, leadership, teamwork, communication, cooperation, respect, independence, tactics, strategies, technique, performance, evaluate, physical activity.		
Assessment method	Attitude to learning – AP1 and AP2		
Wider links			
Enrichment opportunities	Extra-curricular sports clubs, sports rewards, community links (e.g. Bradford Dragons)		
Careers links	PE teacher, PT instructor, Sports coach, Physiotherapist, Personal Trainer, Gym instructor		