

	Term 1	Term 2	Term 3
<b>Key focus</b>	<b>Football, Rugby, netball, table tennis</b>	<b>Basketball, table tennis, tennis.</b>	<b>Table tennis, lacrosse.</b>
<b>Key focus</b>	Leading a healthy and active lifestyle		
<b>Key knowledge and skills</b>	Students will learn and develop a variety of tactics and strategies to overcome opponents in team and individual games. Students will develop their technique and improve their performance in other competitive sports or other physical activities. Students will evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best.		
<b>Key words/ vocabulary</b>	Participation, recreation, leadership, teamwork, communication, cooperation, respect, independence, tactics, strategies, technique, performance, evaluate, physical activity.		
<b>Assessment method</b>	Attitude to learning – AP1 and AP2		
<b>Wider links</b>			
<b>Enrichment opportunities</b>	Extra-curricular sports clubs, sports rewards, community links (e.g. Bradford Dragons)		
<b>Careers links</b>	PE teacher, PT instructor, Sports coach, Physiotherapist, Personal Trainer, Gym instructor		