

## BTEC Public Services (Level 2 and 3)

### Preparing to learn

Research the uniformed public services. What are the main services within the uniformed public services? What do they offer?



Think about your lifestyle: what is healthy and what is unhealthy at the moment? Think about your nutrition: what are the strengths and weaknesses of your diet and lifestyle?

Research the Police and Criminal Act 1984 (PACE) What is it? What is it designed for?

Find out what is meant by the judicial system? What are the different levels and who do they involve?



Find out about the fitness tests used by Public Services such as the Army and Police. What do they entail and why are they so important?

Do something positive to increase your fitness level. Make a positive change in your diet to make your diet more healthy.

Think about what you want to get out of the Public Services course and how it might help you in a future career.

Look at UCAS.com – what courses are available?

### Websites to visit

<http://www.westyorkshire.police.uk/>

<http://www.nhs.uk/livewell/healthy-eating/Pages/Healthyeating.aspx>

<https://www.gov.uk/government/policies>

[www.UCAS.com](http://www.UCAS.com)